



# **Choc Septique**

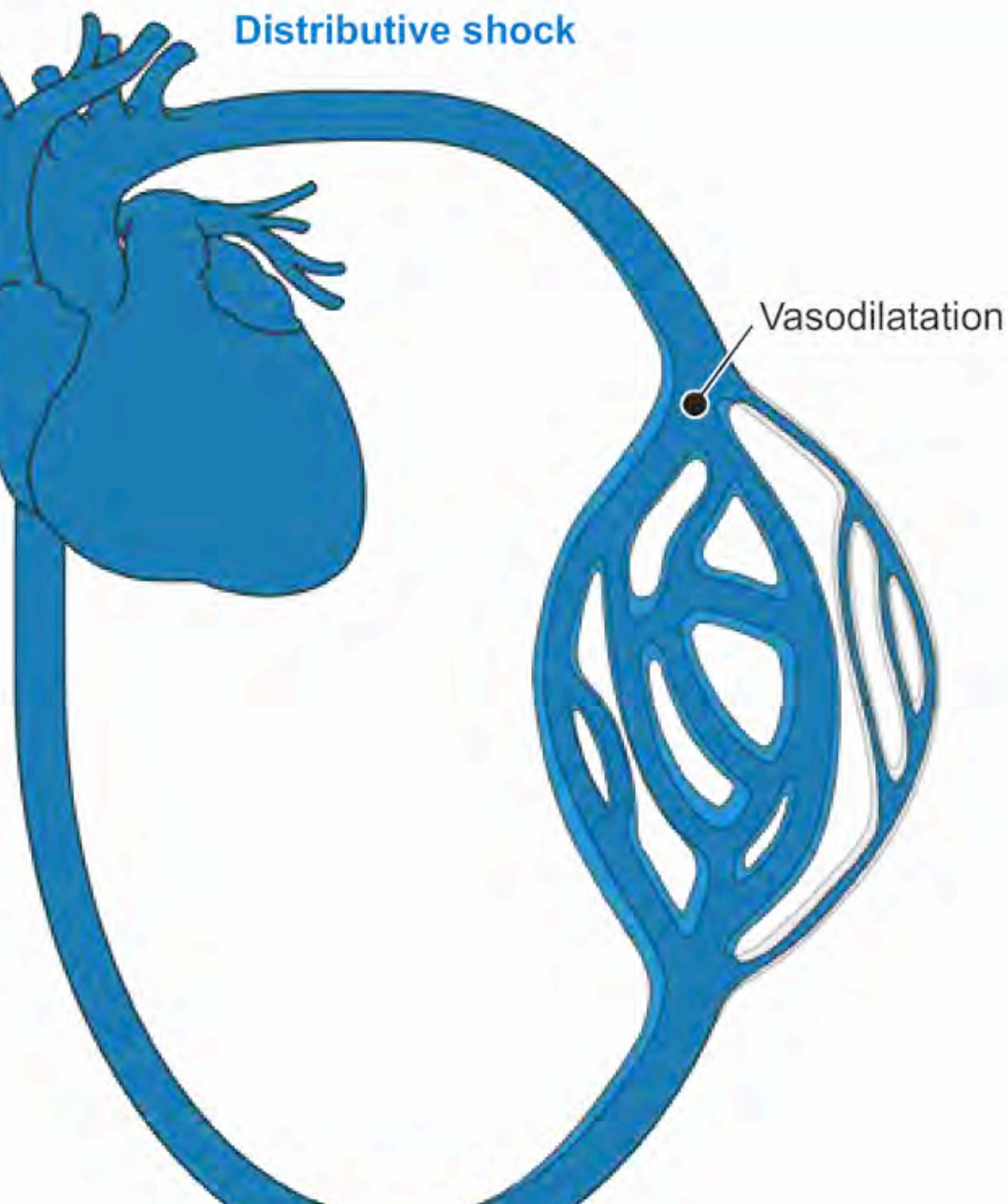
## **Quelle place pour les colloïdes**

**Pr Jean-Paul Mira**

**Service de réanimation- Hôpital Cochin – Paris -**

## Déclare les liens suivants :

- **LFB**
- **Frésenius**
- **Baxter**



## SIGNS OF CIRCULATORY SHOCK PATHWAY

**Arterial hypotension  
and usually tachycardia**

**Signs of tissue  
hypoperfusion present**

Altered mental state  
Mottled, clammy skin  
Oliguria  
Elevated blood lactate

**Circulatory shock**

**Normal or high cardiac  
output or SvO<sub>2</sub>**

**Distributive**

### SYMPTOMS

Distributive shock is characterized by hypovolemia and hypotension. It is the result of vasodilatation and release of inflammatory mediators.

### ECHOCARDIOGRAPHIC FINDINGS

Normal cardiac chambers and (usually) preserved contractility.

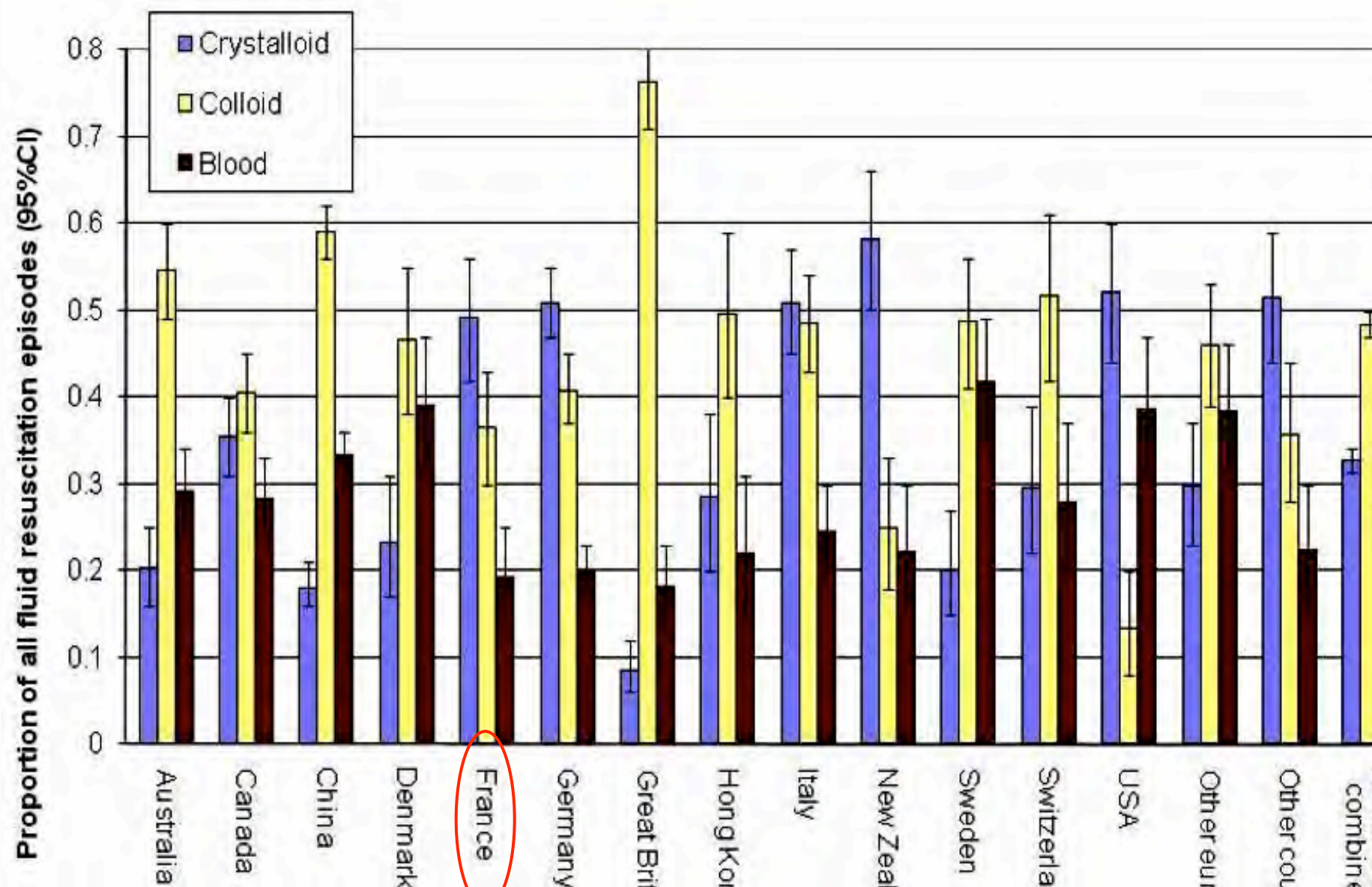
international cross sectional study in 391  
intensive care units

One day observational study

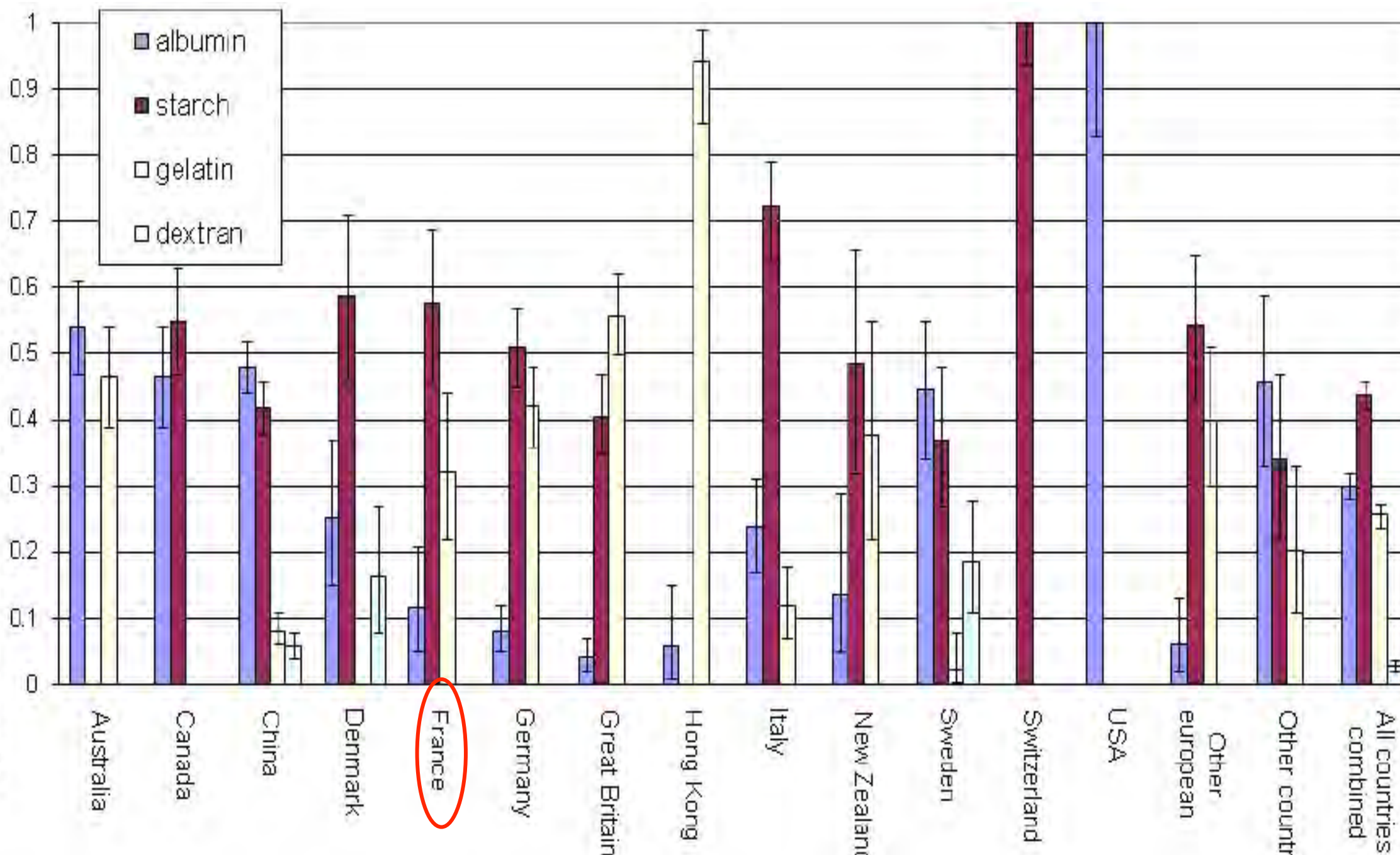
391 ICUs (25 countries)

1955 patients 4488 fluid resuscitation episodes

our study



# International cross sectional study in 591 intensive care units



## ABSTRACT

Fluid resuscitation is an essential aspect of the management of patients with severe sepsis and septic shock in the early stages of disease. Which fluid should be used for this purpose has been a topic of ongoing and heated debate for many years, yet there is still little evidence to support one fluid over another. Each fluid has specific adverse effects, and all fluids when given in excess can be detrimental. In this article, we will discuss the

Fluid	Adverse effects
Crystalloids (general)	Costs/risks of fluid overload/hyperoncoticity-induced renal failure/alter ed hemo dynamics High costs Limited efficacy/allergic reactions
Colloids (general)	Allergic reactions/alter ed blood crossmatching, alter ed hemostasis, renal failure Alter ed hemostasis/long persistence in the body/pruritus/renal failure
Starches (general)	Short-lived hemodynamic effects/electrolyte changes
Normal saline (0.9% NaCl)	Hyperchloremic acidosis
Lactated Ringers	Hypotonicity/lactate load/Ca content
Acetate solutions	Acetate and gluconate load

Most studies have been conducted with higher MW HES solutions.



# Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2012

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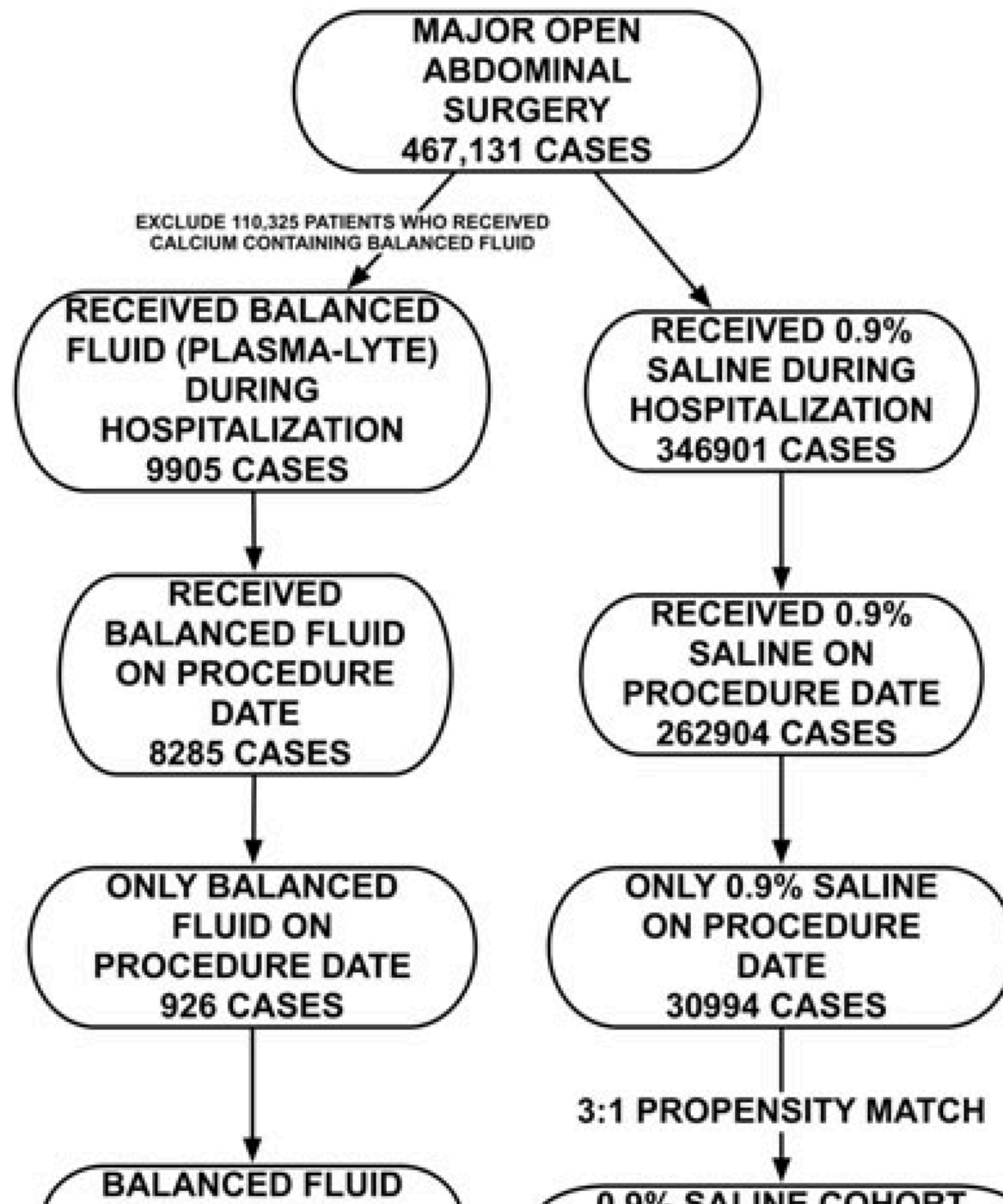
**We recommend crystalloids as the **initial** fluid of choice (grade 1B)**

**We recommend against the use of hydroxyethyl starches (HES) for fluid resuscitation of severe sepsis and septic shock (grade 1B)**

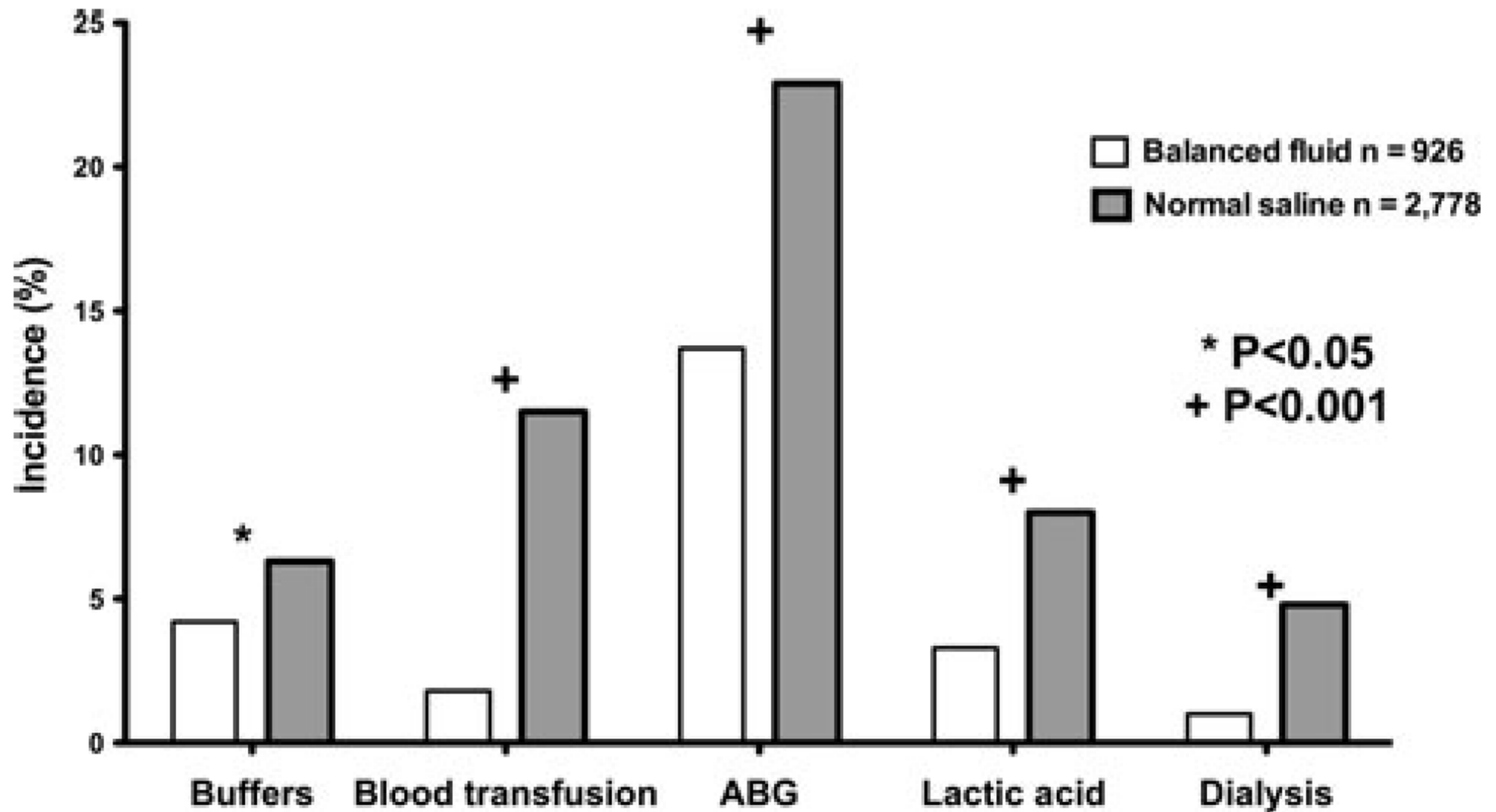
**We suggest the use of albumin in the fluid resuscitation of severe sepsis and septic shock when patients require substantial amounts of crystalloids (grade 2C).**



# 0.9% Saline Compared to Plasma-Lyte



## 0.9% Saline Compared to Plasma-Lyte



# Intravenous 0.9% Saline and General Surgical Patients

*A problem, Not a Solution*

*Dileep N. Lobo, DM, FRCS, FACS*

*Annals of Surgery* • Volume 255, Number 5, May 20

# Chloride-Restrictive Intravenous Fluid Administration Strategy and Kidney Injury in Critically Ill Adults

Mohd Yunus, MD

Bellomo, MD, FCICM

*JAMA. 2012;308:1566*

**RESEARCH HIGHLIGHT**

*Annals of Internal Medicine* 157, 679 (2012); published online 13 November 2012; doi:10.1038/nrneph.2012.221

**KIDNEY INJURY**

Restriction of intravenous chloride intake may reduce

# Administration Strategy and Kidney Injury in Critically Ill Adults

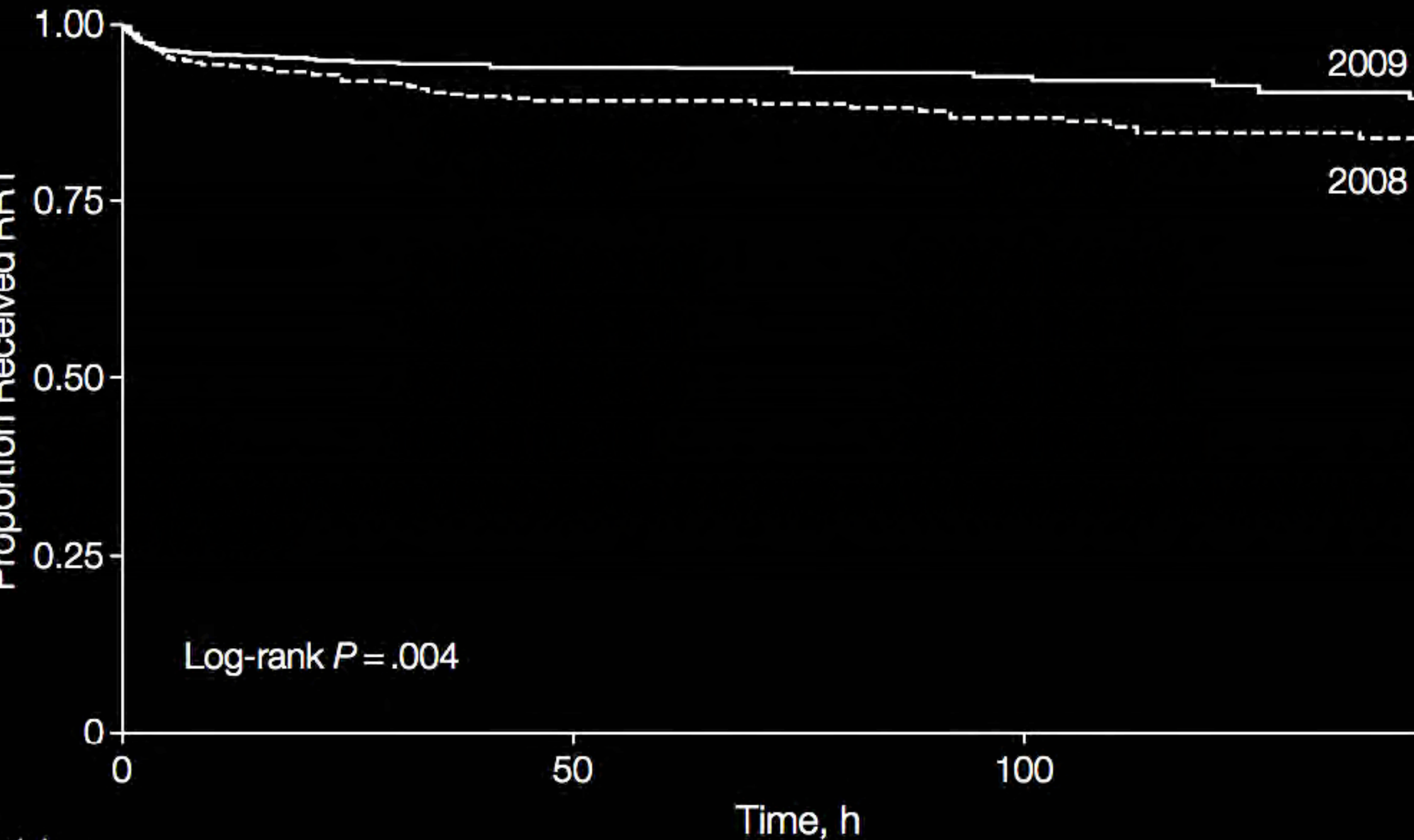
Prospective, open-label, sequential period pilot study

	0.9% Saline	Hartmann	4% Gelatin	Plasma-Lyte 148	Albumin	
					4%	20%
Sodium	150	129	154	140	140	48-100
Potassium	0	5	0	5	0	0
Chloride	150	109	120	98	128	19
Calcium	0	2	0	0	0	0
Magnesium	0	0	0	1.5	0	0
Lactate	0	29	0	0	0	0
Acetate	0	0	0	27	0	0
Gluconate	0	0	0	23	0	0
Octanoate	0	0	0	0	6.4	32

**694 mmol/pt**

**496 mmol/pt**

# Administration Strategy and Kidney Injury in Critically Ill Adults

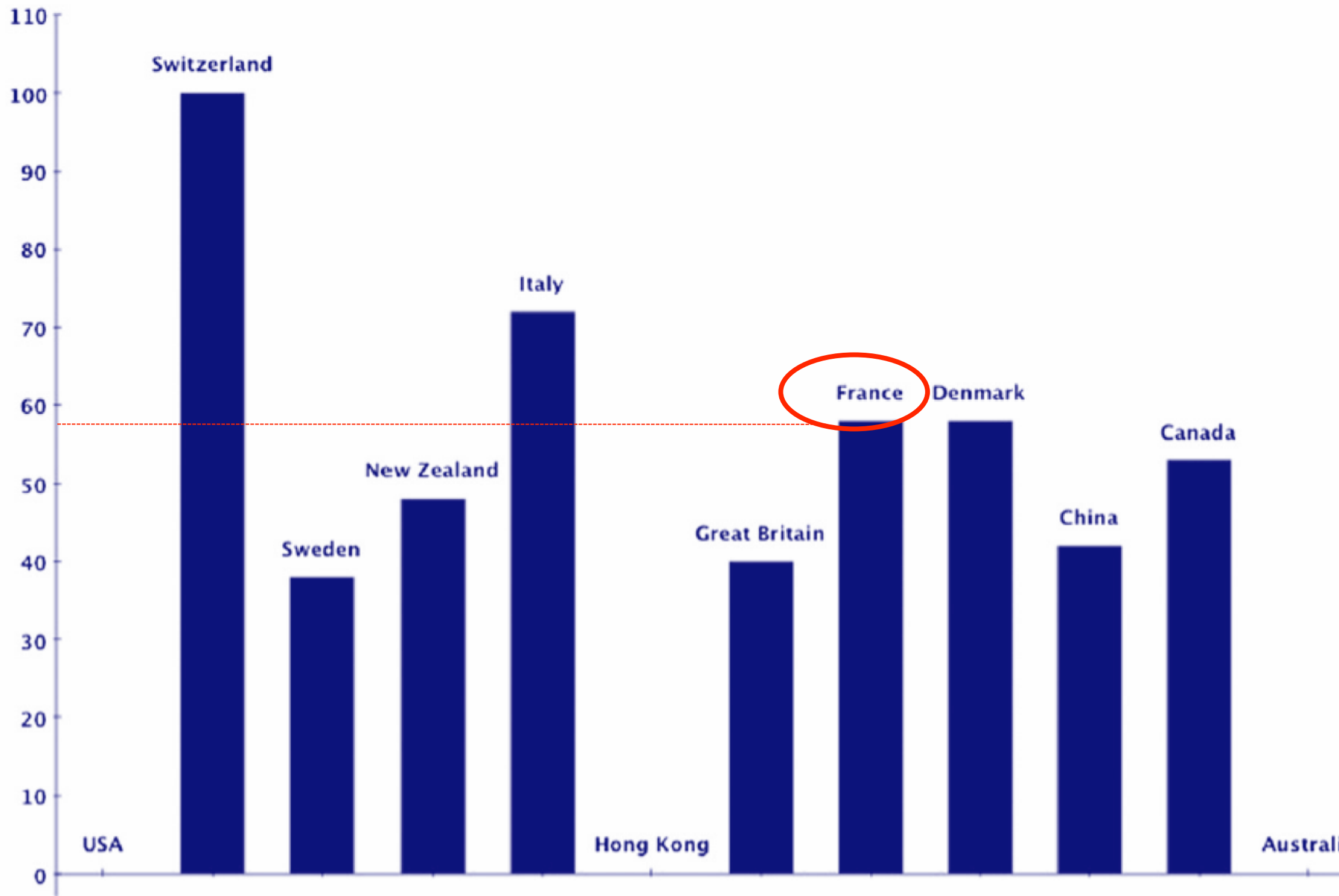


risk  
701  
600  
110

We recommend crystalloids as the initial fluid of choice (grade 1B)

We recommend **against the use of hydroxyethyl starches (HES)** for fluid resuscitation of severe sepsis and septic shock (grade 1B)

We suggest the use of albumin in the fluid resuscitation of severe sepsis and septic shock when patients require substantial amounts of crystalloids (grade 2C).





# Sis: a multicentre randomised study

ique Schortgen, Jean-Claude Lacherade, Fabrice Bruneel, Isabelle Cattaneo, François Hemery, François Lemaire, t Brochard

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Intensive Insulin Therapy and Pentastarch Resuscitation in Severe Sepsis

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Hydroxyethyl Starch 130/0.42 versus Ringer's Acetate in Severe Sepsis

ORIGINAL ARTICLE

Hydroxyethyl Starch or Saline for Fluid Resuscitation in Intensive Care

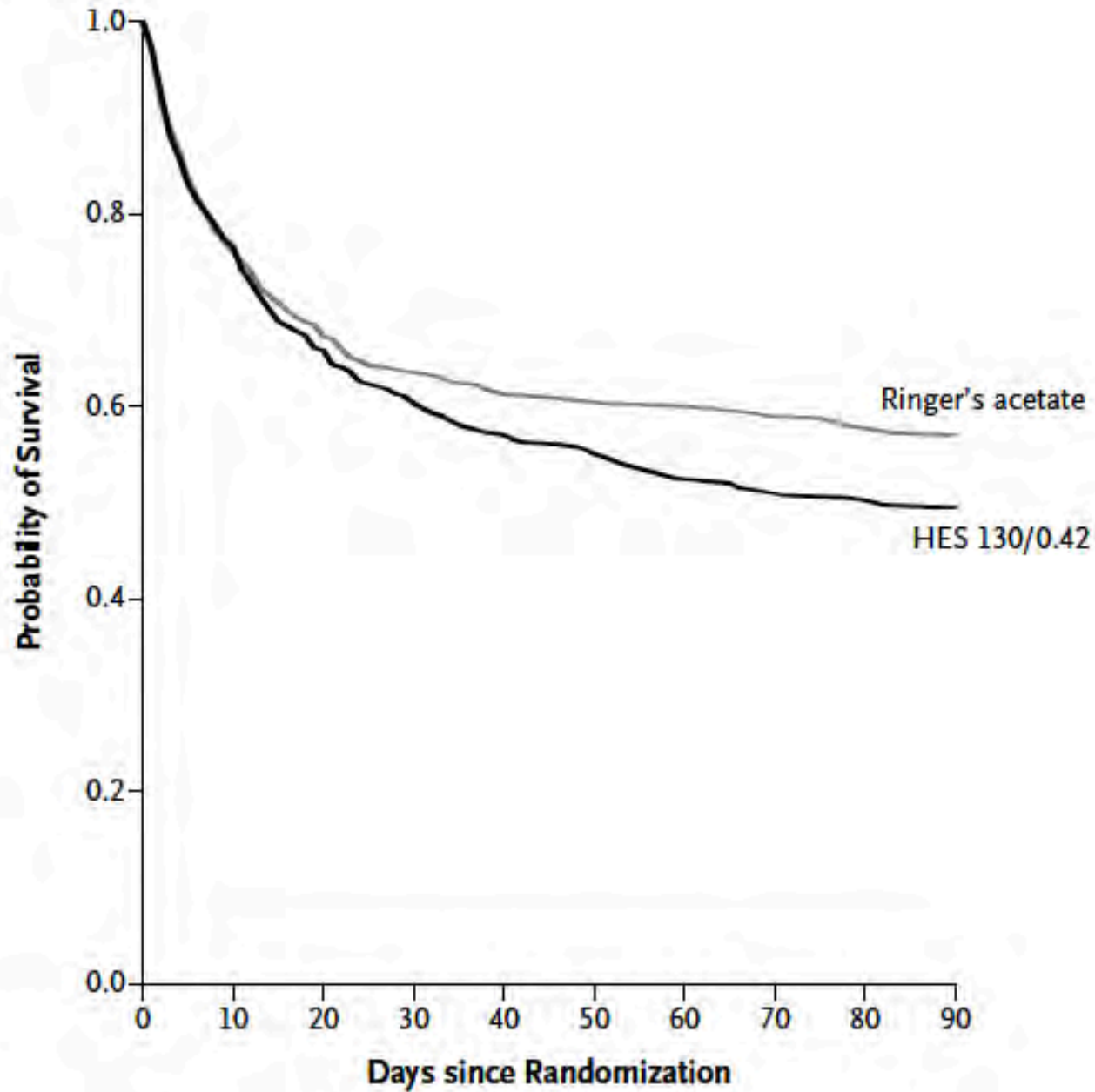
Intensive Care Med (2012) 38:368–383  
DOI 10.1007/s00134-012-2472-9

SPECIAL ARTICLE

Konrad Reinhart  
Anders Perner  
Charles L. Sprung  
Roman Jaeschke  
Frederique Schortgen  
A. B. Johan Groeneveld  
Richard Beale

**Consensus statement of the ESICM force on colloid volume therapy in ill patients**

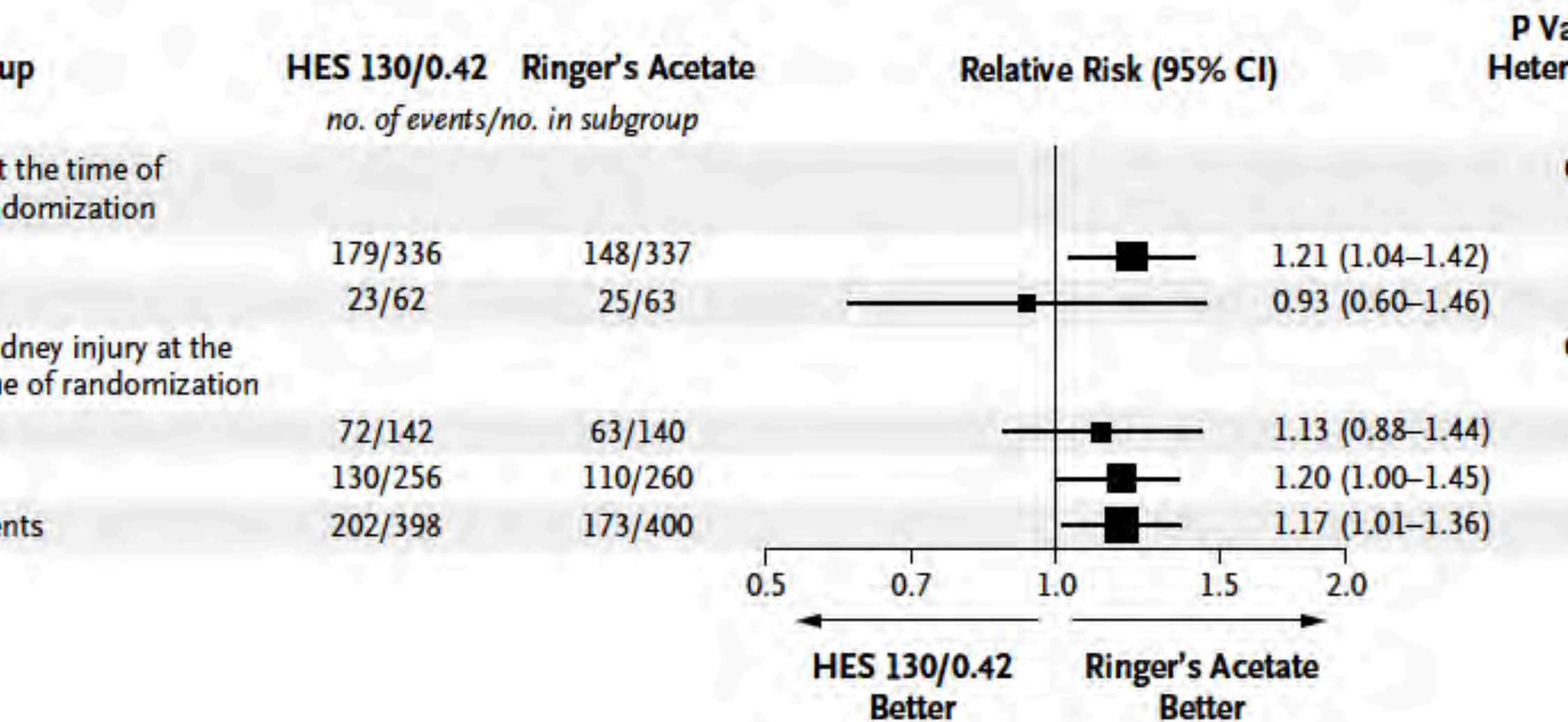
# Ringer's Acetate in Severe Sepsis



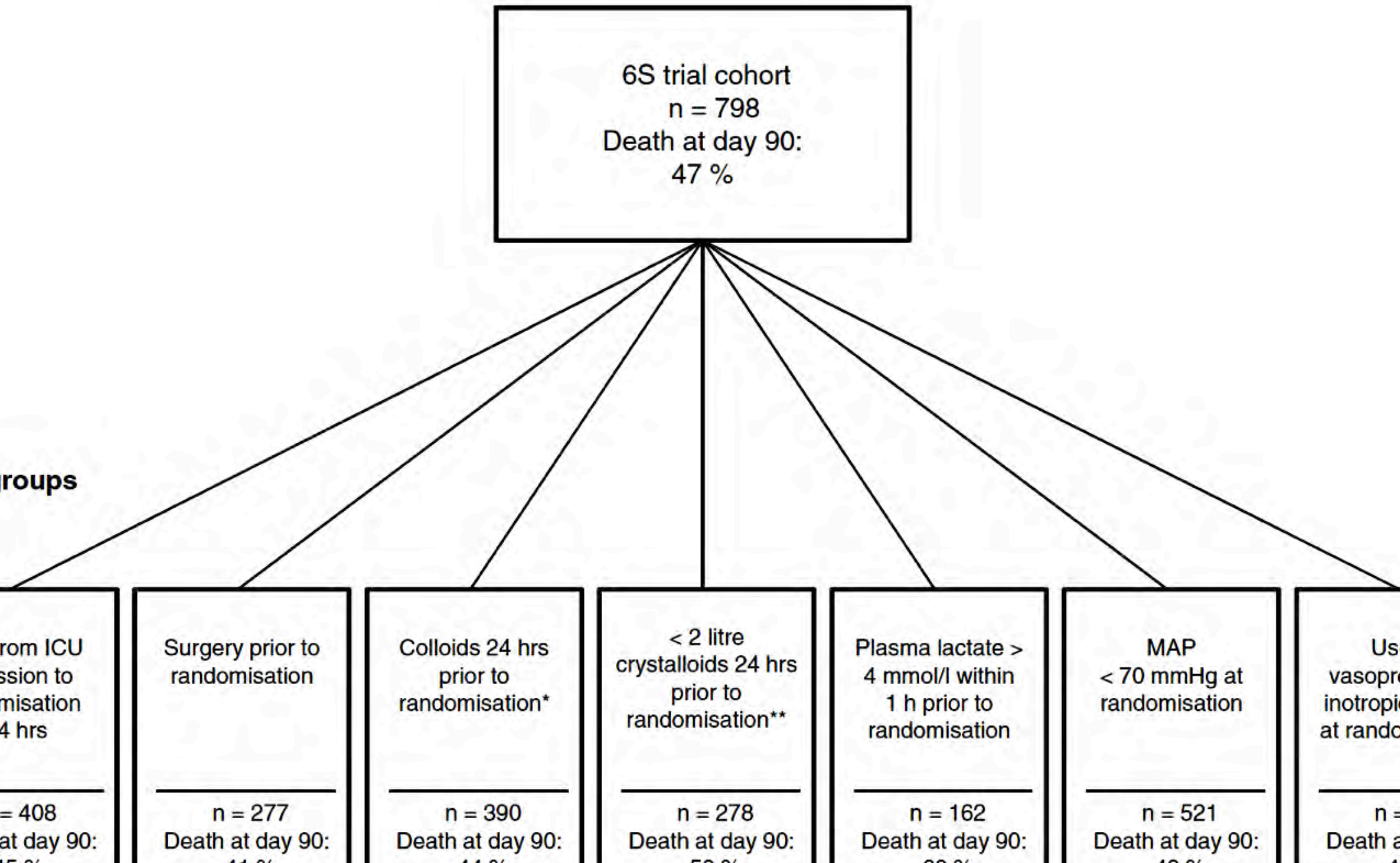
## No. at Risk

HES 130/0.42	398	240	209	197
Ringer's acetate	400	254	240	228

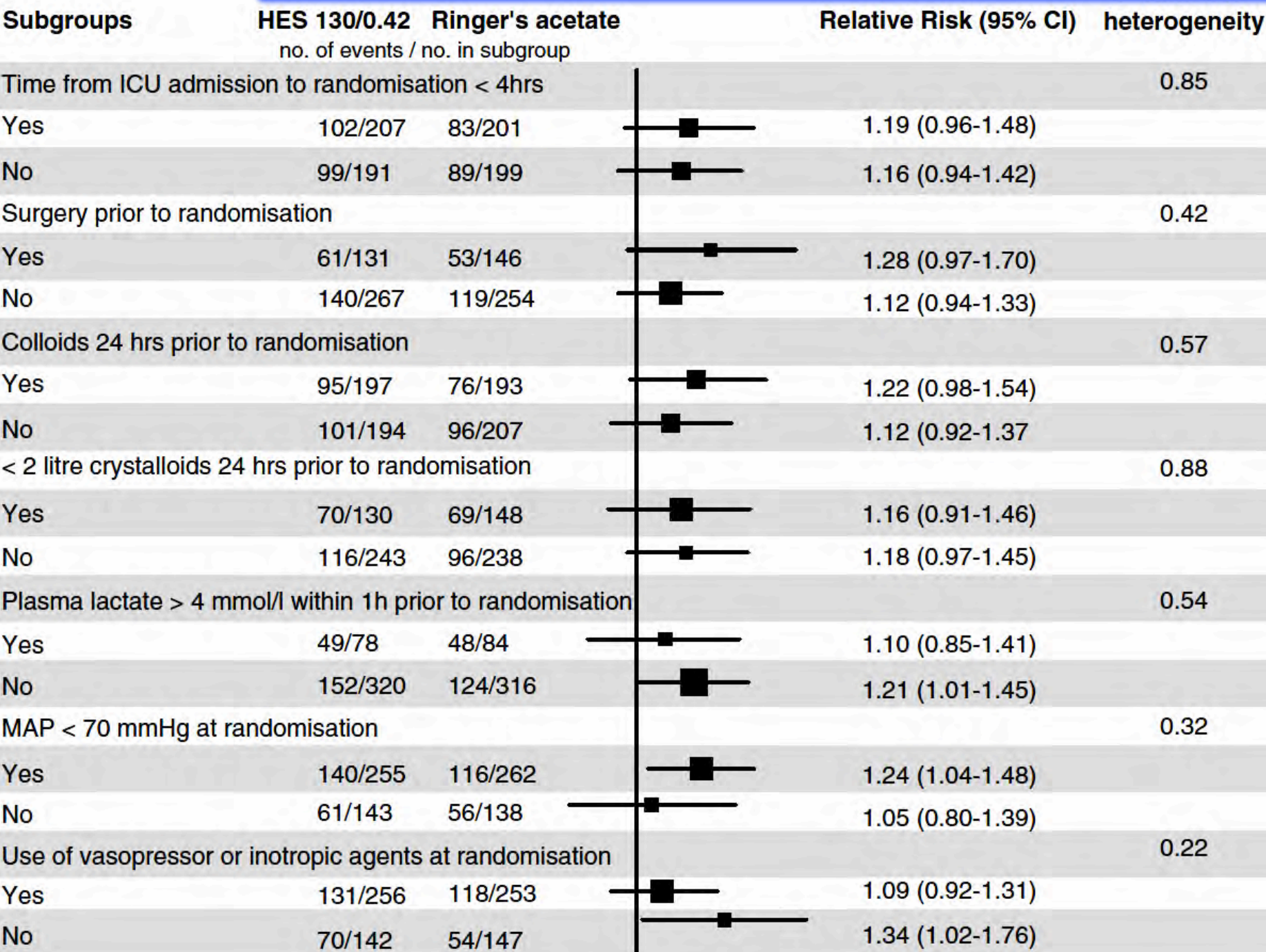
# Ringer's Acetate in Severe Sepsis



# post-hoc analyses of a randomised trial



# post-hoc analyses of a randomised trial



**Randomised trials of 6 % tetra-  
hydroxyethyl starch 130/0.4 or 0.42)  
in severe sepsis reporting mortality:  
a systematic review and meta-analysis**

*A. Intensive Care Med 2013*

**Association of Hydroxyethyl Starch  
Administration With Mortality and  
Kidney Injury in Critically Ill Patients  
Requiring Volume Resuscitation  
A Systematic Review and Meta-analysis**

*Zarychanski R. JAMA 2013; 309: 678*

**Resuscitation with 6 % hydroxyethyl  
starch (130/0.4 and 130/0.42) in acutely ill  
patients: systematic review of effects  
on mortality and treatment with renal  
replacement therapy**

*DJ. Intensive Care Med 2013; 39: 558*

**Hydroxyethyl starch 130/0.38-0.45 versus crystalloids  
or albumin in patients with sepsis: systematic review  
with meta-analysis and trial sequential analysis**

*Haase N. BMJ 2013; 346: 1839*

CARE

# ious safety concerns regarding use of hydroxyethyl rch for acute fluid resuscitation

JOURNAL CLUB CRITIQUE

## hydroxyethyl starch in severe sepsis: end of arch era?

s A Estrada<sup>1</sup> and Raghavan Murugan<sup>1,2\*</sup>



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

October 2013  
EMA/606303/2013

**RAC confirms that hydroxyethyl-starch solutions (HES) should no longer be used in patients with sepsis or burn injuries or in critically ill patients**

**HES will be available in restricted patient populations**



# patients with severe sepsis: A prospective sequential analysis\*

	Hydroxyethyl Starch Period (n = 360)	Gelatin Period (n = 352)	Crystalloid Period (n = 334)
Age, years, median [interquartile range]	69.5 [57.8–76.8]	68.8 [57.7–76.3]	70.2 [58.6–77.6]
Male, n (%)	238 (66.1)	239 (67.9)	226 (67.7)
Comorbidities, n (%)			
Hypertension	169 (46.9) <sup>a</sup>	184 (52.3) <sup>b</sup>	200 (59.9)
Diabetes mellitus	99 (27.5)	109 (31.0)	96 (28.7)
Cancer	74 (20.6) <sup>a</sup>	101 (28.7)	116 (34.7)
Chronic renal failure	18 (5.0)	3 (0.9)	9 (2.7)
Liver cirrhosis	13 (3.6) <sup>c</sup>	27 (7.7)	32 (9.6)
Septic shock, n (%)	295 (81.9)	293 (83.2)	288 (86.2)
Procalcitonin, ng/mL	2.9 [0.8–10.1]	2.3 [0.7–6.7] <sup>b</sup>	3.0 [0.8–10.4]
Serum lactate, mmol/L	2.3 [1.3–4.1]	2.1 [1.3–3.8]	1.8 [1.2–3.2]
Central venous oxygen saturation, %	71 [67–74]	70 [66–74]	71 [68–75]
Platelet count, × 10 <sup>3</sup> /mL	167 [109–241]	141 [49–238] <sup>c</sup>	159 [88–258]
Serum creatinine, μmol/L	101 [81–139]	96 [79–130]	96 [81–144]
Creatinine clearance, mL/ min	62 [43–89]	66 [48–91]	62 [43–88]
Simplified Acute Physiology Score II score	50 [39–63] <sup>b</sup>	52 [40–65]	53 [41–66]
Sequential Organ Failure Assessment score	8 [6–11]	8 [6–10]	8 [6–11]

**Conclusions:** Shock reversal was achieved equally fast with synthetic colloids or crystalloids. Use of colloids resulted in on average marginally lower required volumes of resuscitation fluid. Both low molecular weight hydroxyethyl starch and gelatin may impair renal function. (Crit Care Med 2012; 40:2543–2551)

## unit for septic shock

before-and-after study of fluid resuscitation and outcome in patients with septic shock  
 change of fluid treatment from dextran 70 in 2006 to crystalloids and albumin in 2008

	2006 (N = 171)	2008 (N = 161)	p-value
Age, median (25-75 percentiles), years	62 (52-71)	63 (56-72)	0.3
Gender, F/M, n	57/104	57/114	0.7
Body weight, median (25-75 percentiles), kg	80 (70-90)	75 (60-90)	0.1
ICU admission, n/N (%)	105/171 (61)	86/161 (53)	0.1
SAP II, median (25-75 percentiles)	56 (43-68) <sup>a</sup>	51 (41-62) <sup>b</sup>	0.0
MAP-min in ICU, median (25-75 percentiles)	12 (10-16) <sup>a</sup>	12 (10-16) <sup>b</sup>	0.5
Haematological malignancy, n/N (%)	29/171 (17%)	22/161 (14%)	0.4
Time in the ICU, median (25-75 percentiles), days	9 (5-17)	8 (4-13)	0.0
Time in shock in the ICU <sup>c</sup> , median (25-75 percentiles), days	4 (2-7)	4 (2-8)	0.5

## unit for septic shock

	2006 (N = 171)	2008 (N = 161)
replacement therapy <sup>a</sup> , n <sub>1</sub> /n <sub>2</sub> (%)	71/150 (47)	56/139 (40)
pts with ≥ 1 major bleeding event <sup>b</sup> , n/N (%)	51/171 (30)	31/161 (19)
mortality, n/N (%)	47/171 (27)	47/161 (29)
in-hospital mortality, n/N (%)	77/171 (45)	83/161 (52)

## Cumulative doses of Dextran 70 and pts with severe bleeding events

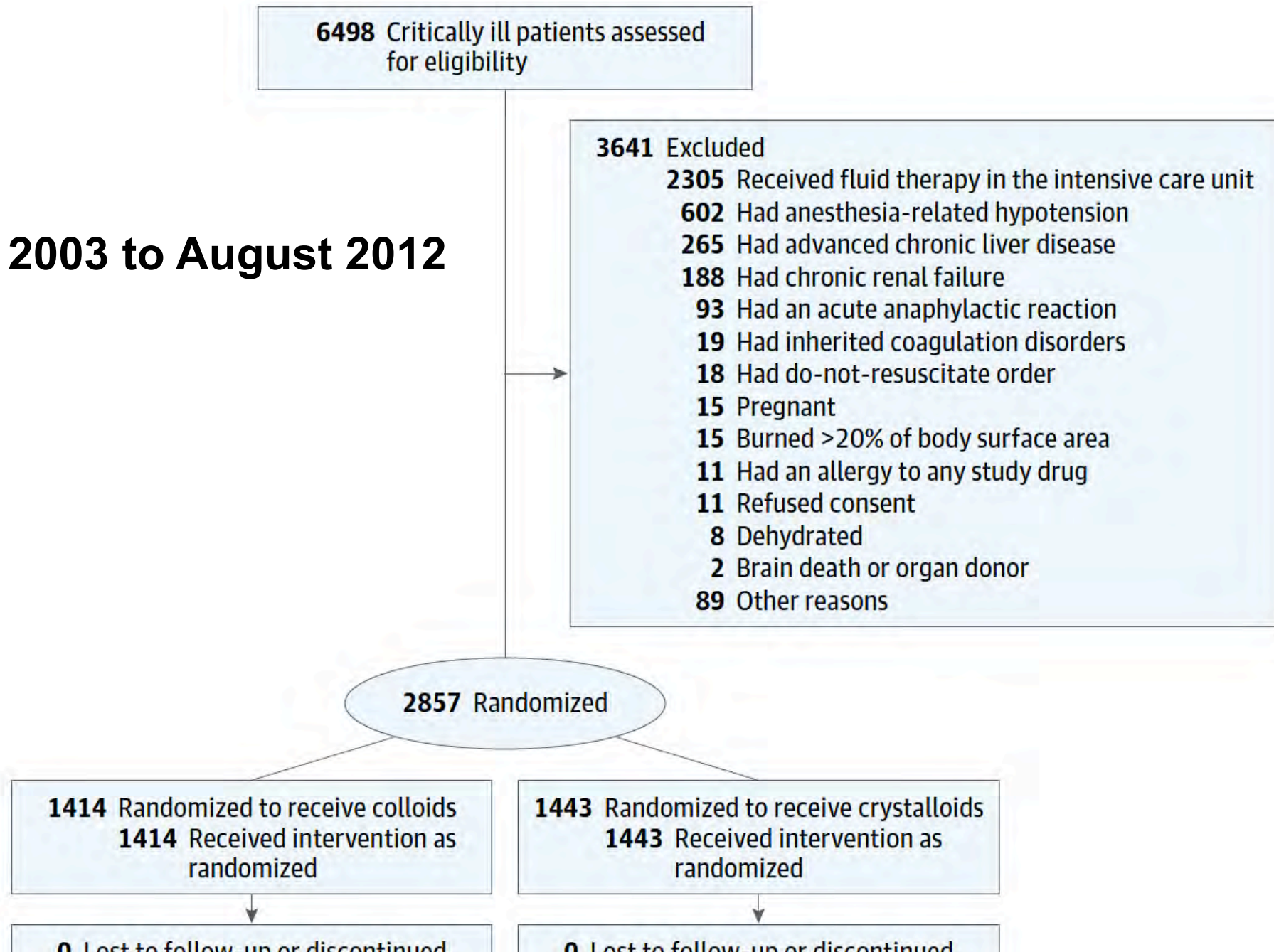
Dose, ml/kg	2006, n/N (%)	2008, n/N (%)
0-25	8/45 (17.8)	15/100 (15.0)
25-50	13/48 (27.1)	4/27 (14.8)
50-75	7/27 (26.0)	3/13 (23.1)
75-100	5/15 (33.3)	4/16 (25.0)



# With Hypovolemic Shock

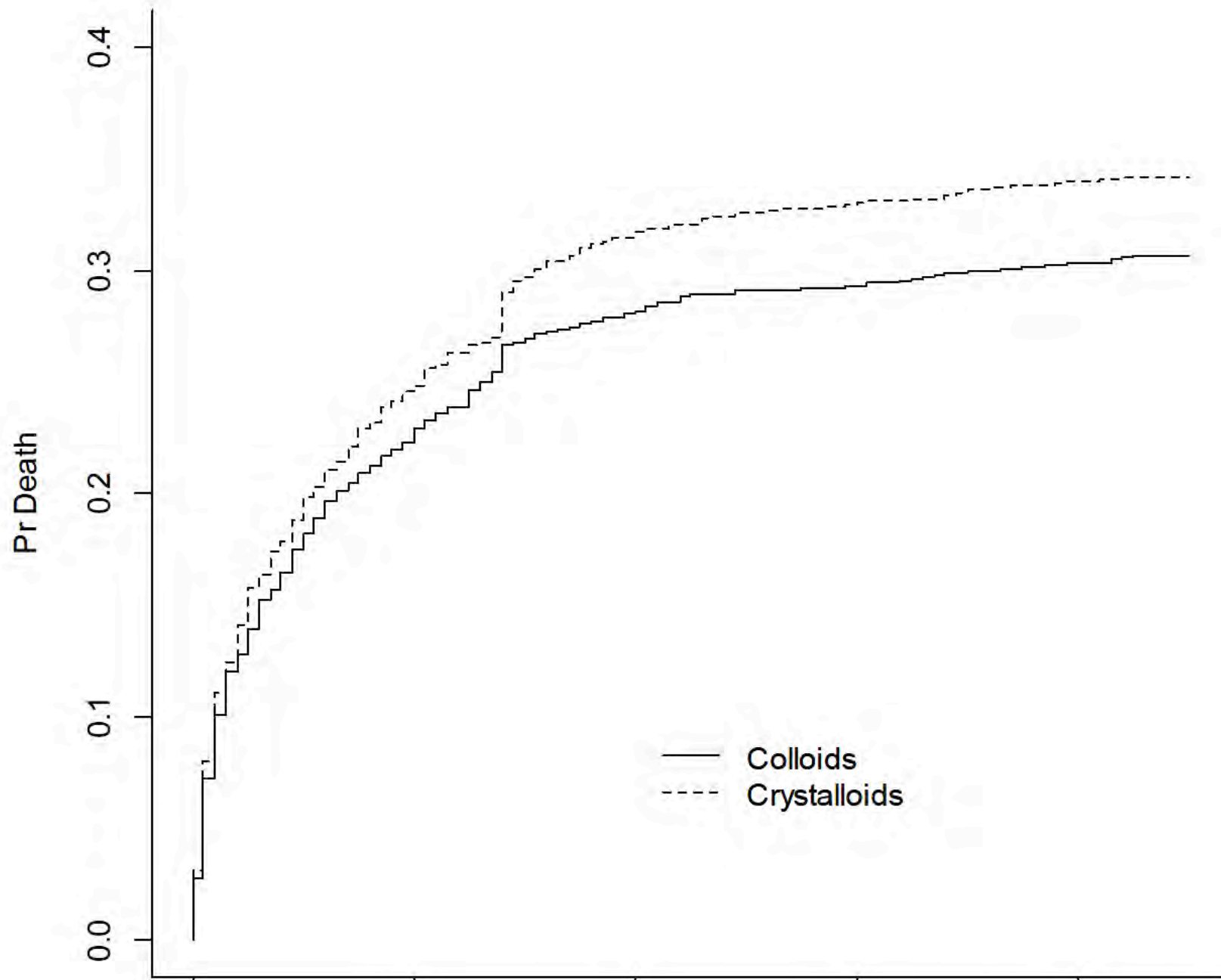
## The CRISTAL Randomized Trial

February 2003 to August 2012



# With Hypovolemic Shock

## The CRISTAL Randomized Trial

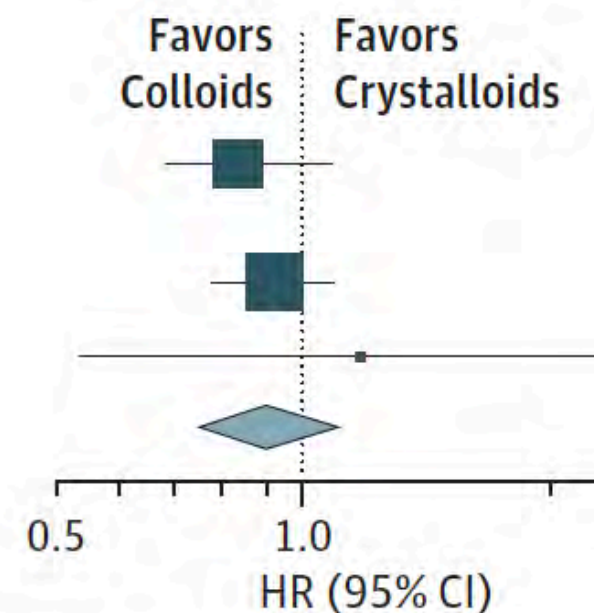


# With Hypovolemic Shock

## The CRISTAL Randomized Trial

### D28 mortality

Cause of Death	Colloids Group (n = 1414)		Crystalloids Group (n = 1443)		HR (95% CI)
	No. of Patients	No. of Deaths	No. of Patients	No. of Deaths	
Causes of hypovolemic shock	555	131	572	152	0.87 (0.69-1.10)
Other causes	774	215	779	226	0.95 (0.78-1.10)
Total	1329	346	1351	378	0.93 (0.80-1.10)
All patients	1414	359	1443	390	0.93 (0.80-1.10)



# The CRISTAL Randomized Trial

		Colloids N=1414	Crystalloids N=1443
Isotonic saline	— no (%)	252 (17.82)	1236 (85.65)
	volume - ml	1000 [500;2500]	2500 [1500;4500]
	Duration - days	1 [1;1]	1 [1;1]
Administration prior ICU admission (within the past 12 h)			
Crystalloids, No. (%)		526 (37.2)	402 (27.9)
Dose, median (IQR), mL		1000 (500-1000)	650 (500-1000)
Colloids, No. (%)		585 (41.4)	685 (47.5)
Dose, median (IQR), mL		1000 (500-2000)	1000 (500-2000)
Gelatins	— no (%)	494 (34.94)	24 (1.66)
	volume - ml	1500 [1000;3000]	1000 [500;2000]
	Duration - days	2 [1;3]	1 [1;1]
Hydroxyethyl starch	— no (%)	973 (68.81)	69 (4.78)
	volume - ml	1500 [1000;2000]	500 [500;1000]
	Duration - days	2 [1;2]	1 [1;1]
Albumin 4%	— no (%)	87 (6.15)	60 (4.16)
	volume - ml	1000 [500;1500]	1000 [500;1500]
	Duration - days	1 [0;3]	1 [0;2]
Albumin 20%	— no (%)	201 (14.21)	177 (12.27)
	volume - ml	300 [200;600]	300 [200;500]
	Duration - days	0 [0;1]	0 [0;0]



We recommend crystalloids as the initial fluid of choice (grade 1B)

We recommend against the use of hydroxyethyl starches (HES) for fluid resuscitation of severe sepsis and septic shock (grade 1B)

We suggest the use of **albumin** in the fluid resuscitation of severe sepsis and septic shock when patients require **substantial amounts of crystalloids** (grade 2C).

**Conclusions:** Albumin displayed a more favorable safety profile than HES. Available evidence does not support the existence of consistent safety differences between HES solutions.

## with severe sepsis

Characteristic	Albumin group ( <i>n</i> = 603)	Saline group ( <i>n</i> = 615)	<i>p</i> value
Age (mean ± SD in years)	60.5 ± 17.2	61.0 ± 17.1	0.6
Gender: male (no., %)	359 (59.6)	351 (57.1)	0.3
Source of infection: surgical (no., %)	122 (20.2)	143 (23.3)	0.2
Septic shock (no., %)	8 (1.3)	9 (1.5)	1
Systemic inflammatory response syndrome (no., %)	2 (0.33)	2 (0.33%)	1
Acute respiratory distress syndrome (no., %)	39 (6.5)	42 (6.8)	0.8
APACHE II <sup>a</sup> score (mean ± SD)	21.6 ± 7.8	21.8 ± 7.7	0.6
Mean arterial pressure (mean ± SD, mmHg)	72.6 ± 15.5	74.5 ± 16.1	0.0
Septic shock <sup>b</sup> (no., %)	209 (34.8)	229 (37.3)	0.3
Albumin administration (mean ± SD, g/l)	25.0 ± 7.2	25.2 ± 7.4	0.6
Need for albumin replacement therapy (no., %)	23 (3.8)	17 (2.8)	0.3
Need for mechanical ventilation (no., %)	342 (56.8)	365 (59.4)	0.3

### Adjusted Odds ratio for mortality

Characteristic	<i>p</i> value	Odds ratio (95% CI)
Randomized assignment		Reference or unit of change

# Solutions Improve Mortality in Sepsis?

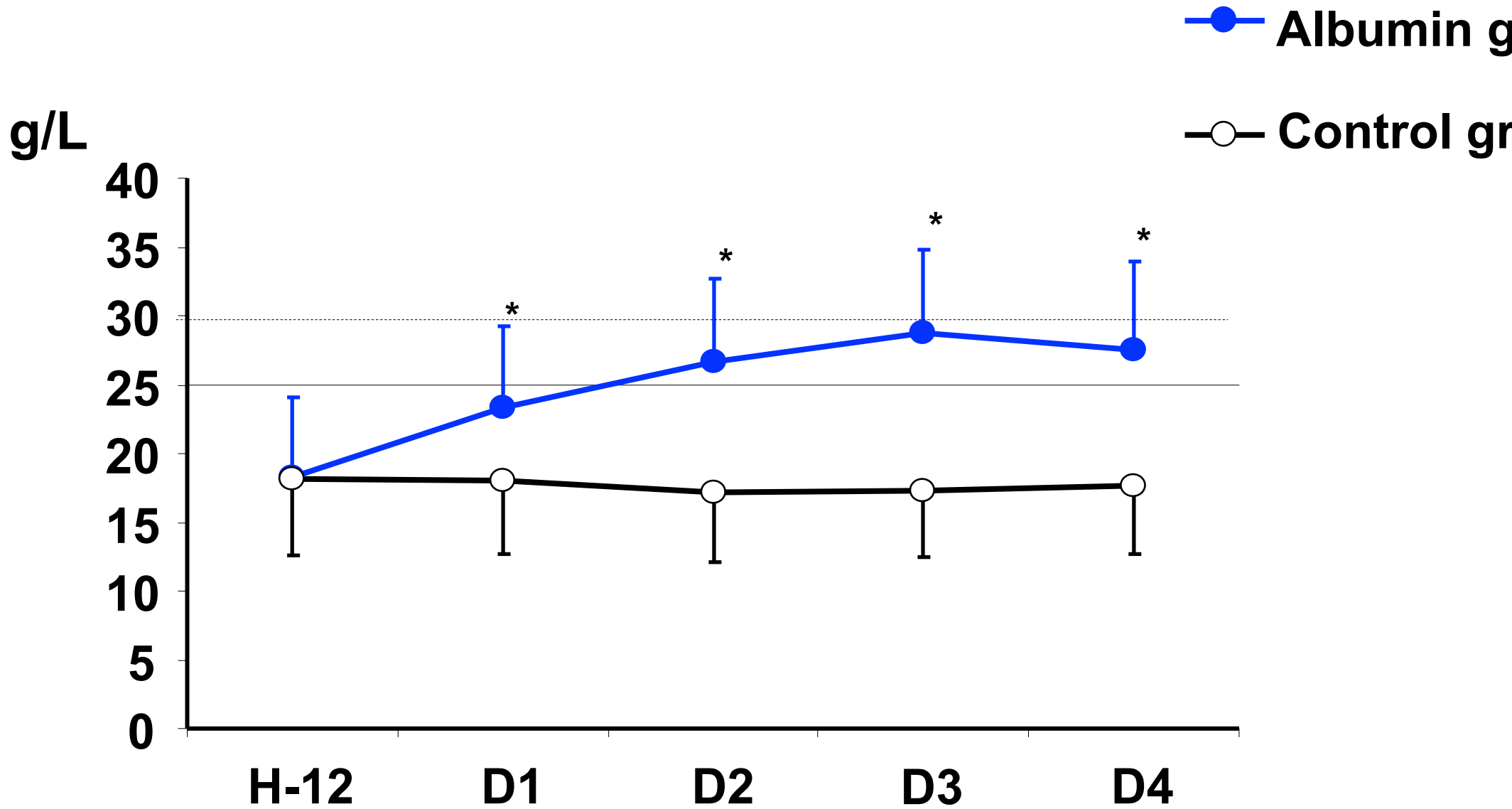
Outcome	No. of Studies	No. of Participants	Statistical Method	Effect Size (95% CI)
Mortality	17	1,977	OR (95% CI)	0.82 (0.67-1.00)
Mortality excluding trials by Boldt et al	11	1,683	Risk ratio (95% CI)	0.76 (0.62-0.92)

CI = confidence interval.

## TAKE-HOME MESSAGE

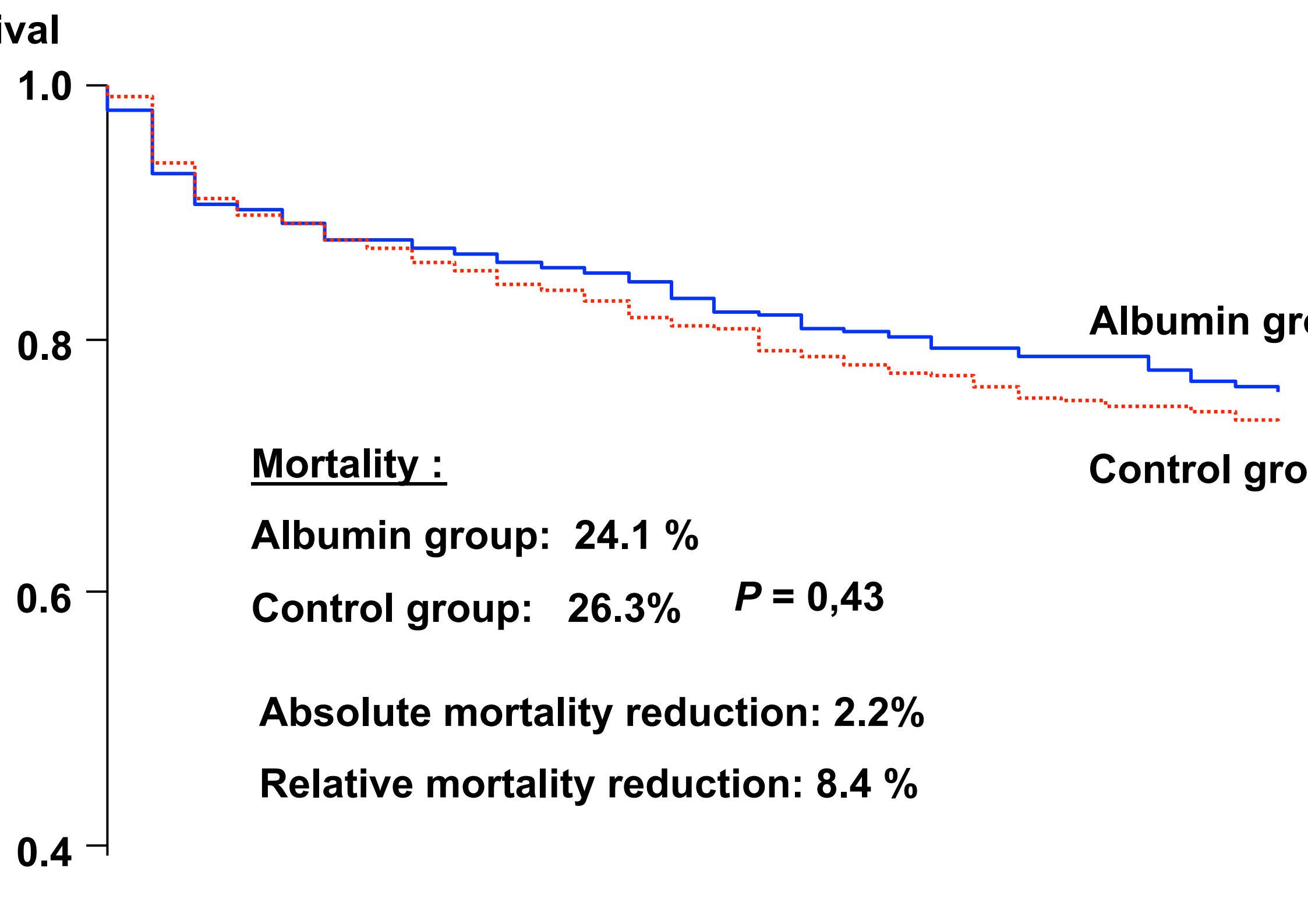
Albumin use during resuscitation of patients with sepsis may decrease mortality compared with other fluid solutions. Until additional studies are published, clinicians should consider albumin use an option during the initial resuscitation of patients with sepsis.

<b>Product</b>	<b>20% Albumin</b>
<b>Primary aims</b>	
<b>Secondary aims</b>	
<b>Patients</b>	
<b>Timing administration</b>	
<b>Stratification</b>	
<b>Administration</b>	



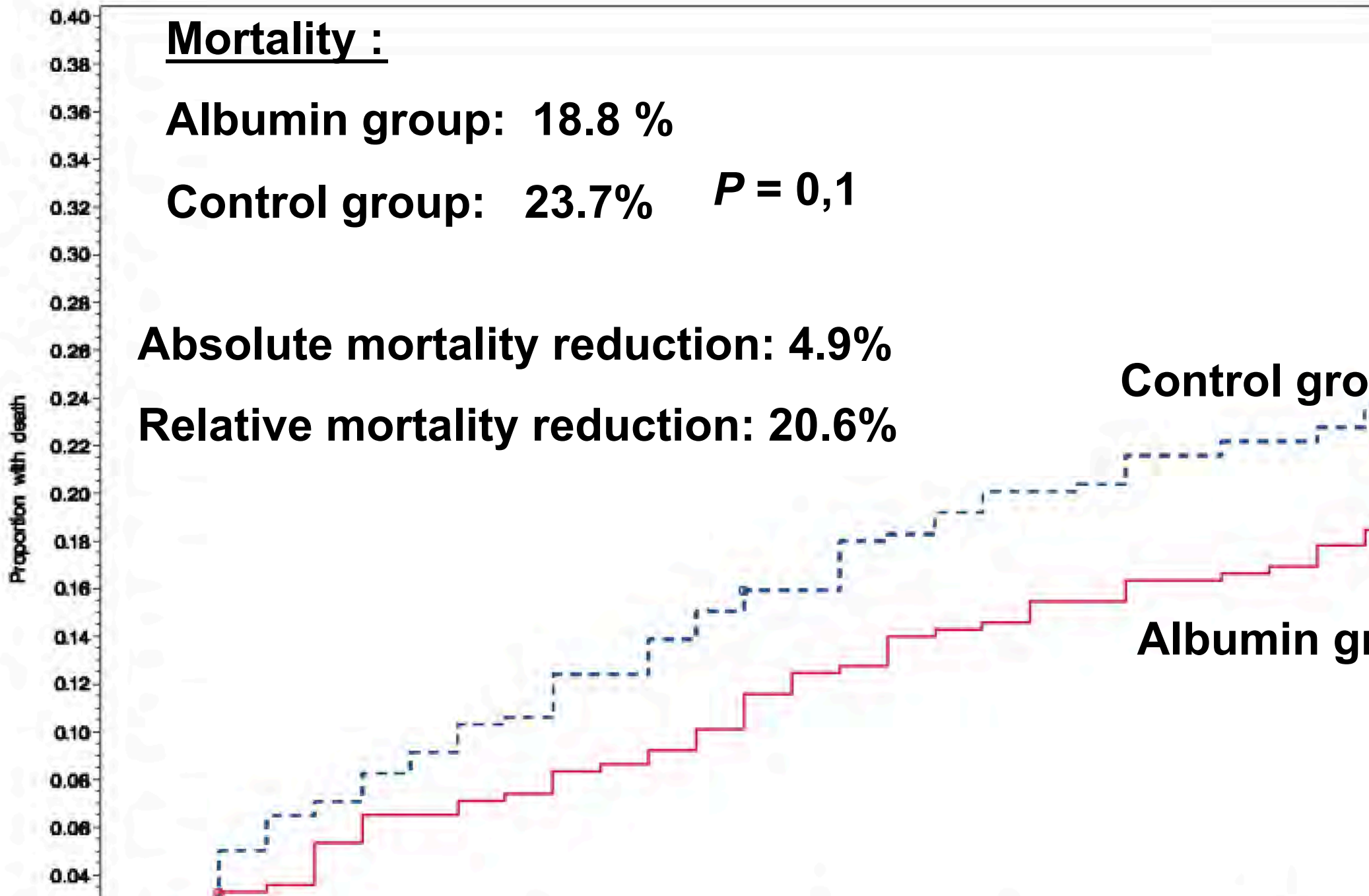
% of patients with Albuminemia < 25 g/L

	H-12	D1	D2	D3	D4
Albumin group	88	60	38	23	36
Control group	88	91	93	93	93



# per protocol (n=682)

th



## Mortality :

Albumin group: 18.8 %

Control group: 23.7%  $P = 0,1$

Absolute mortality reduction: 4.9%

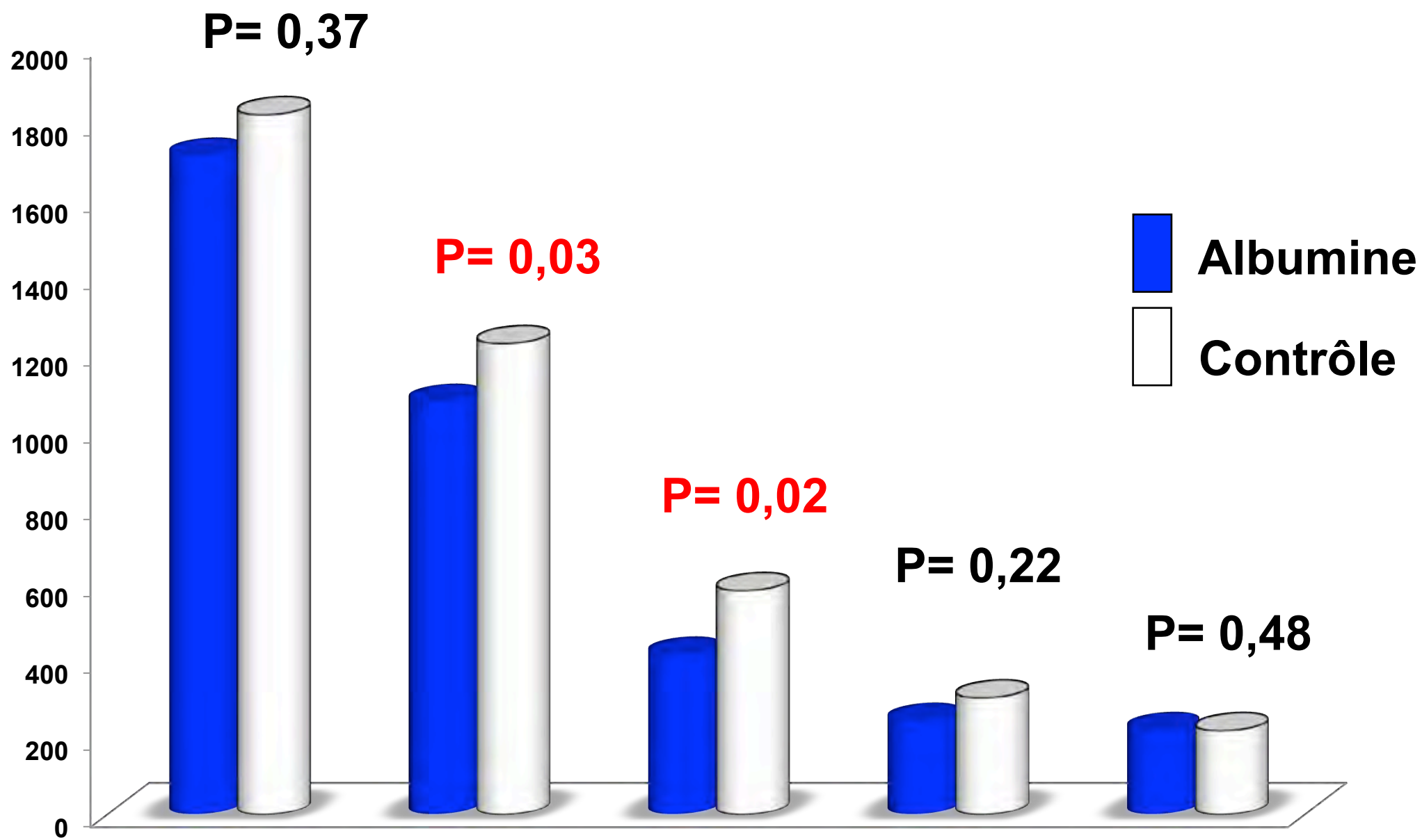
Relative mortality reduction: 20.6%

Control gro

Albumin gr



**cristalloïdes**



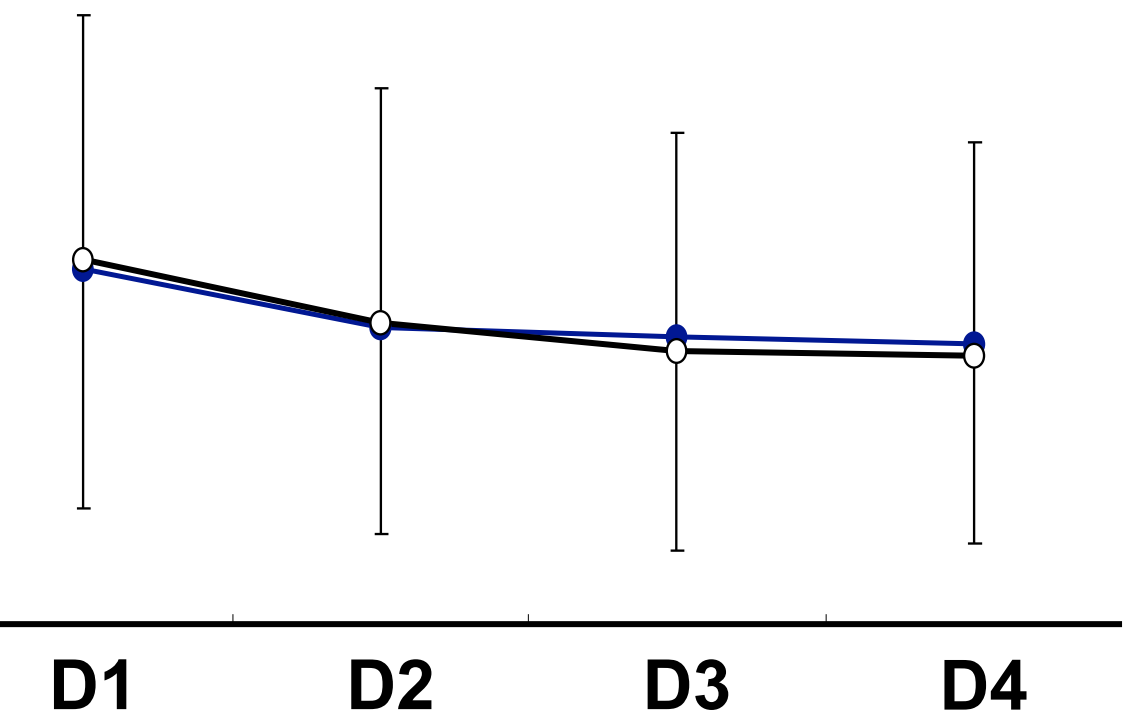
	Albumin group (n = 399)	Control group (n= 393)	
Mortality at D 90	138 (34,7)	138 (35,1)	0,0
Length of days, median [IQR]			
MV-free within D28	15 [0;23]	13 [0;22]	0,0
<b>Catecholamine-free within D28</b>	<b>24 [13,7;26]</b>	<b>23 [8,7;25]</b>	<b>0,03</b>
Nosocomial infection incidence, No (%)	93 (23,3)	90 (23)	0,0
Length of stay, median [IQR], days			
ICU	11 [5;20]	10,5 [5;21]	0,61
Hospital	24 [13;38]	23 [11;37]	0,0

# Creatininemia evolution

—●— Albumin group  
—○— Control group

Patient RRT

emia



%

25  
20  
15  
10  
5  
0

D1

D2

D3

D4

Albumin group Control group

RT-free within D28

28 [16;28]

28 [12;28]

0,49

**Committee:**

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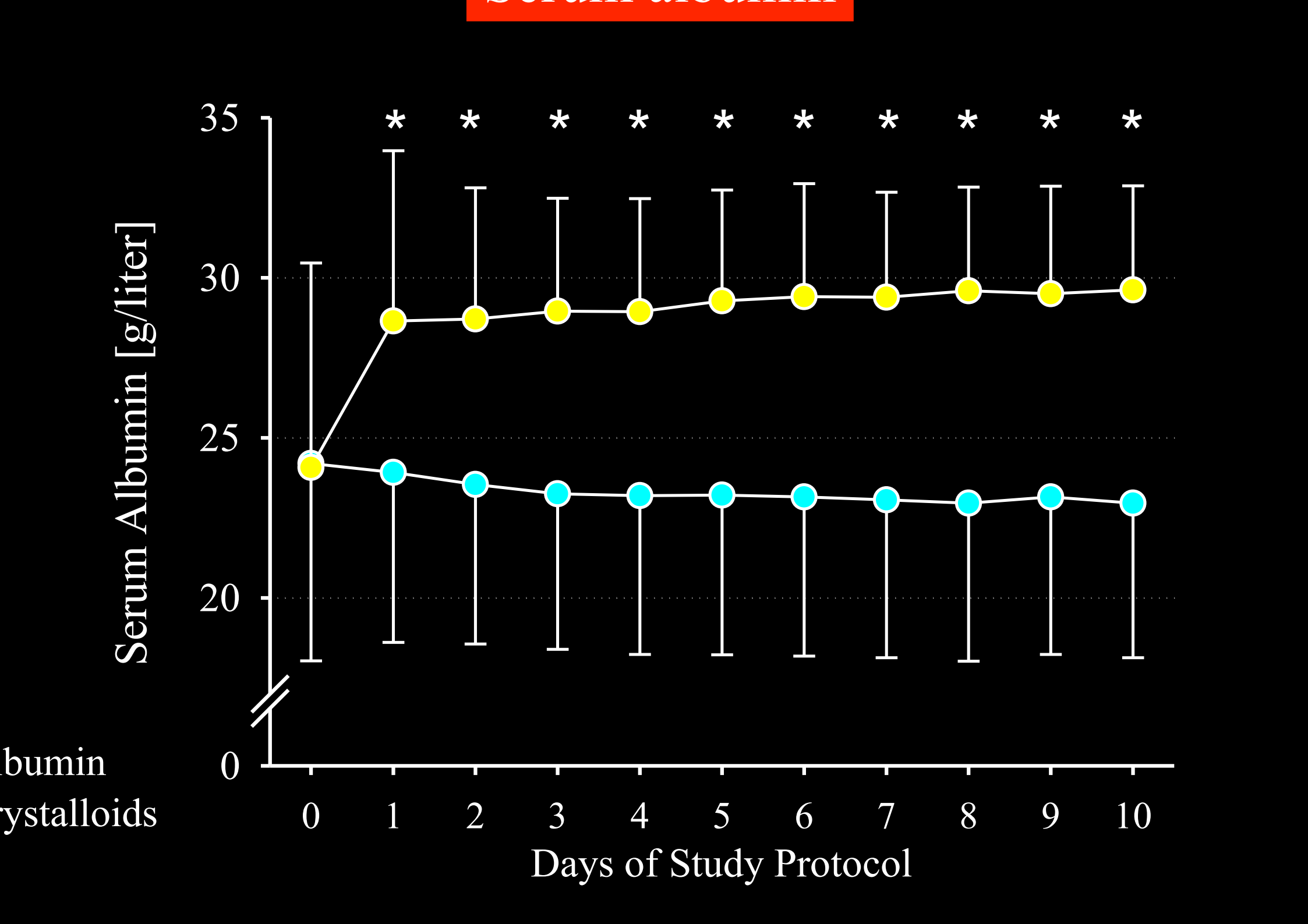
Fax 0974 248

romero@cssifo@negrissud.it

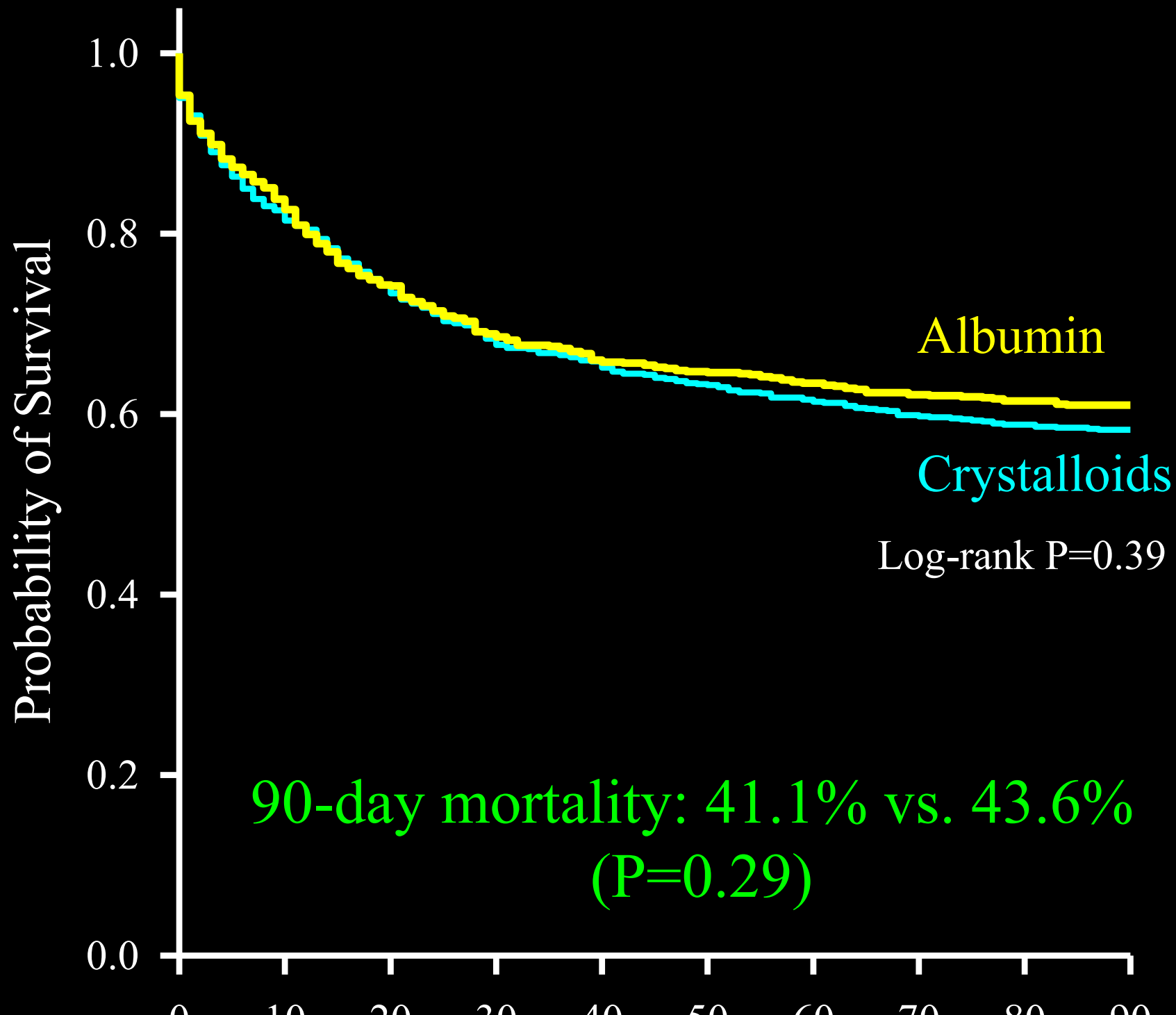
Studio indipendente  
su scala nazionale  
condotto con  
140 centri di Terapia Intensiva  
approvato e finanziato  
dall'Agenzia Italiana del Farmaco  
(AIFA)



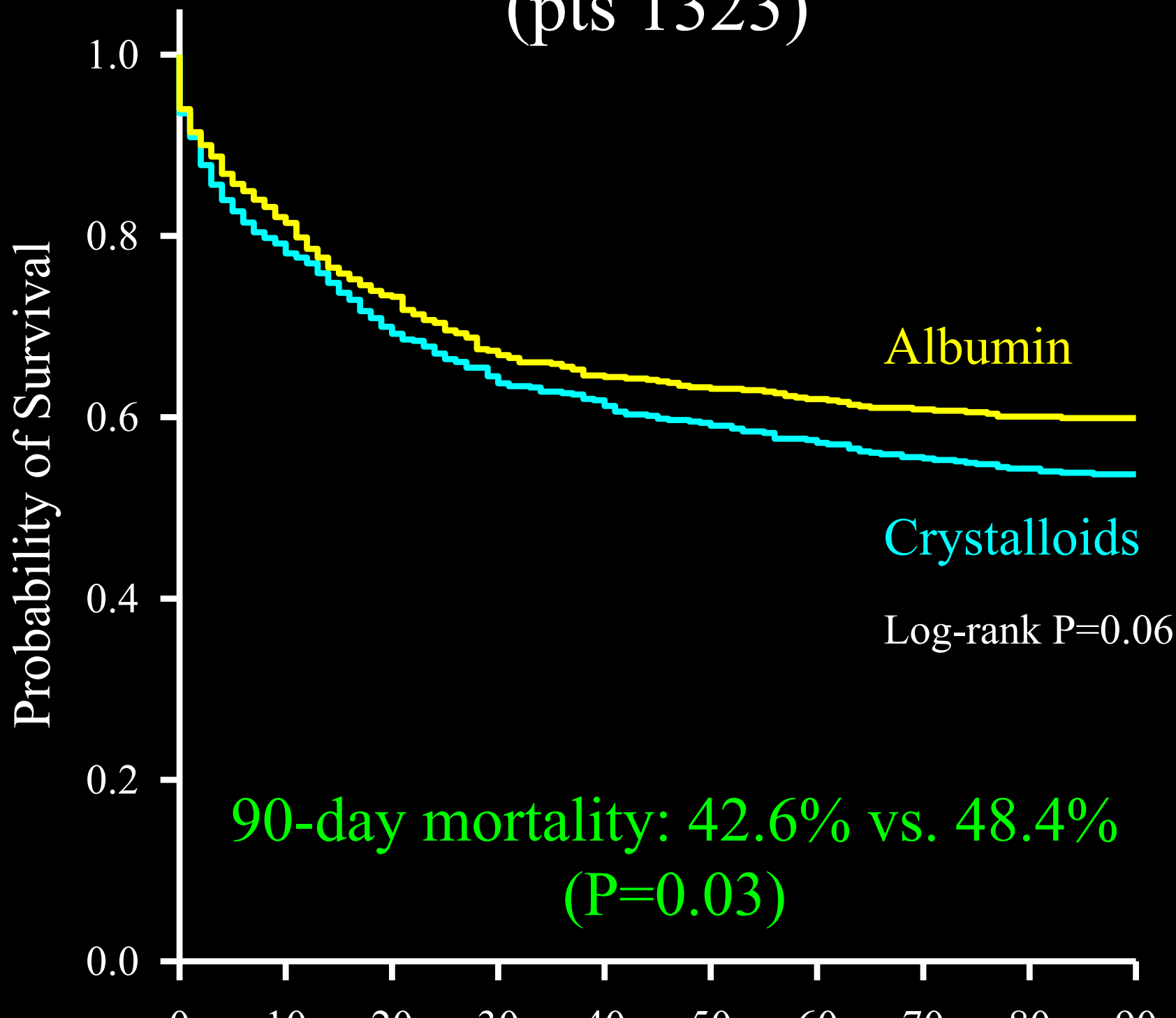
	<b>Albumin group (n = 903)</b>	<b>Control group (n= 907)</b>
<b>Age, mean, year</b>	<b>66</b>	<b>66</b>
<b>Male sex,%</b>	<b>60</b>	<b>60</b>
<b>Type of patient, %</b>		
<b>Medical</b>	<b>56.4</b>	<b>57</b>
<b>Unscheduled surgery</b>	<b>7.6</b>	<b>6.4</b>
<b>Elective surgery</b>	<b>35.9</b>	<b>36.4</b>
<b>SAPS2</b>	<b>49.3</b>	<b>49.3</b>
<b>Site of infection</b>		
<b>Abdomen</b>	<b>40</b>	<b>40</b>
<b>Albumin level</b>	<b>24.1</b>	<b>24.2</b>



(1810 pts)



as defined according to the SOFA score  
(pts 1323)





**Not at the initial phase → Crisalloids YES but not too much!!**

**No HES**

**Avoid gelatin or dextran**

**Albumin administration might be prescribed after initial crystal**

**fluid administration if the patient's albumin is below 25 g/l**



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REVIEW ARTICLE

**CRITICAL CARE MEDICINE**

Simon R. Finfer, M.D., and Jean-Louis Vincent, M.D., Ph.D., *Editors*

# Resuscitation Fluids

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謝謝您

MERCI!  
THANK YOU!



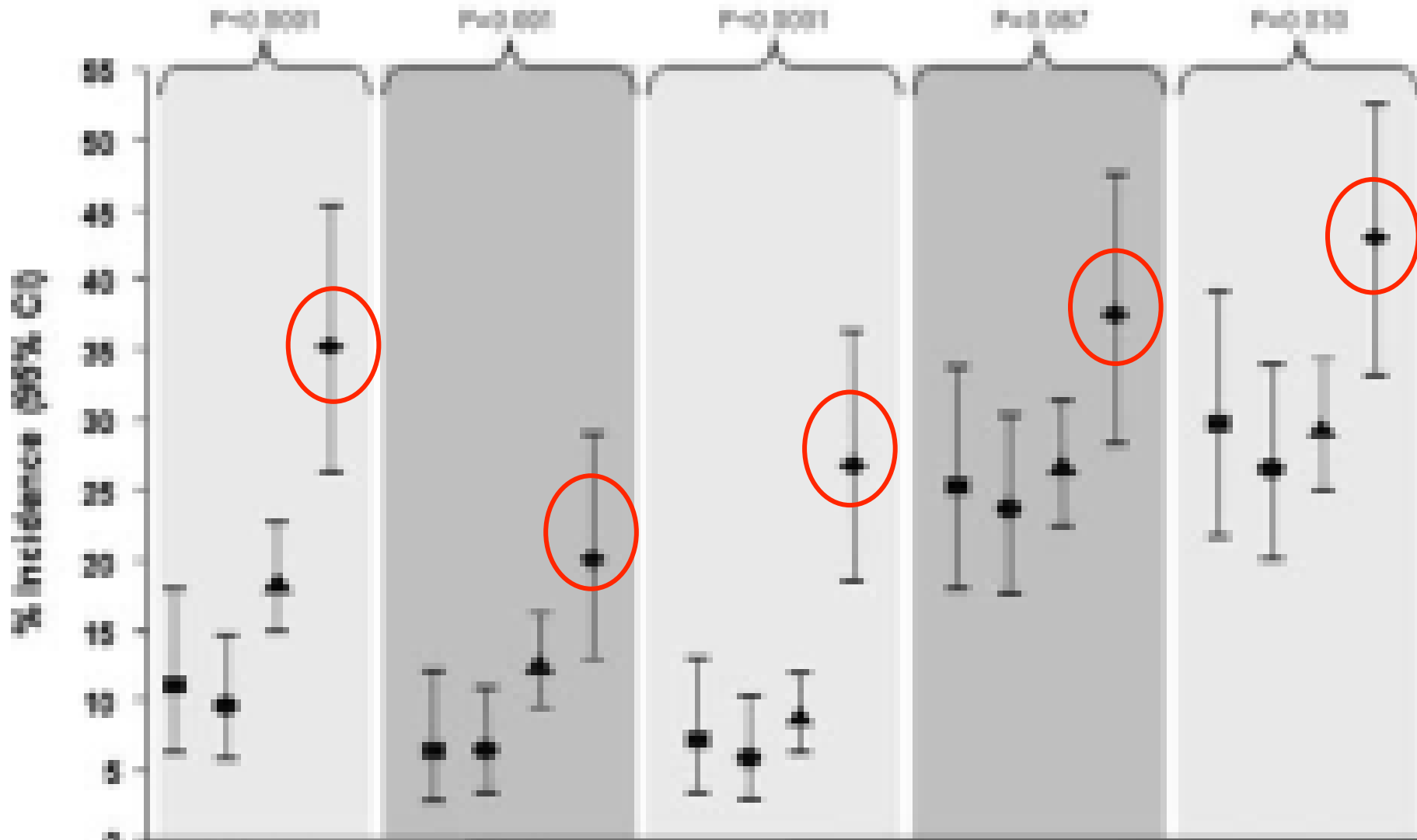


# Cohort study : 822 patients

## Risk of renal adverse events in patients with shock

- Crystalloids only
- ▲ Artificial hyperoncotic colloids
- Hyperoncotic colloids
- ◆ Hyperoncotic albumin

→ n = 105



the fluid that is most likely to be lost and replace the fluid lost in equivalent volumes.

serum sodium, osmolarity, and acid–base status when selecting a resuscitation fluid.

cumulative fluid balance and actual body weight when selecting the dose of resuscitation fluid.

the early use of catecholamines as concomitant treatment of shock.

### **Requirements change over time in critically ill patients.**

ulative dose of resuscitation and maintenance fluids is associated with interstitial edema.

ical edema is associated with an adverse outcome.

is a normal response to hypovolemia and should not be used solely as a trigger or end point for fluid particularly in the post-resuscitation period.

of a fluid challenge in the post-resuscitation period ( $\geq 24$  hours) is questionable.

of hypotonic maintenance fluids is questionable once dehydration has been corrected.

### **Considerations apply to different categories of patients.**

patients require control of hemorrhage and transfusion with red cells and blood components as indi

balanced salt solutions are a pragmatic initial resuscitation fluid for the majority of acutely ill patient

saline in patients with hypovolemia and alkalosis.

albumin during the early resuscitation of patients with severe sepsis.

isotonic crystalloids are indicated in patients with traumatic brain injury.

is not indicated in patients with traumatic brain injury.

ethyl starch is not indicated in patients with sepsis or those at risk for acute kidney injury.

for the resuscitation of critically ill patients with hypovolemia, the use of balanced salt solutions is preferred.